At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

How to Set up PARENTAL CONTROLS to limit age-inappropriate CONTENT

iPhone

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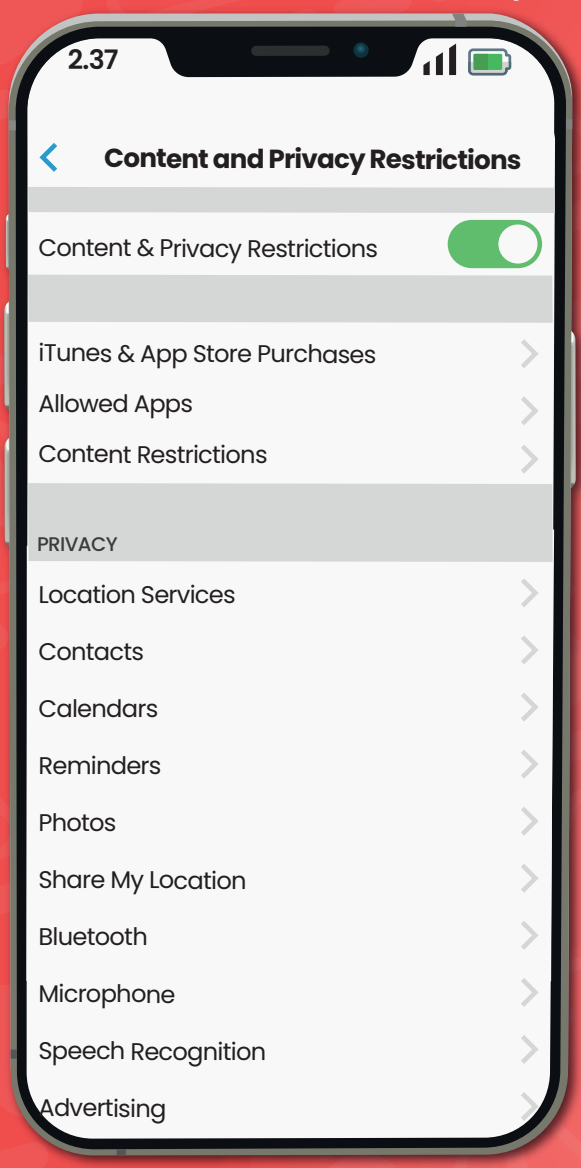
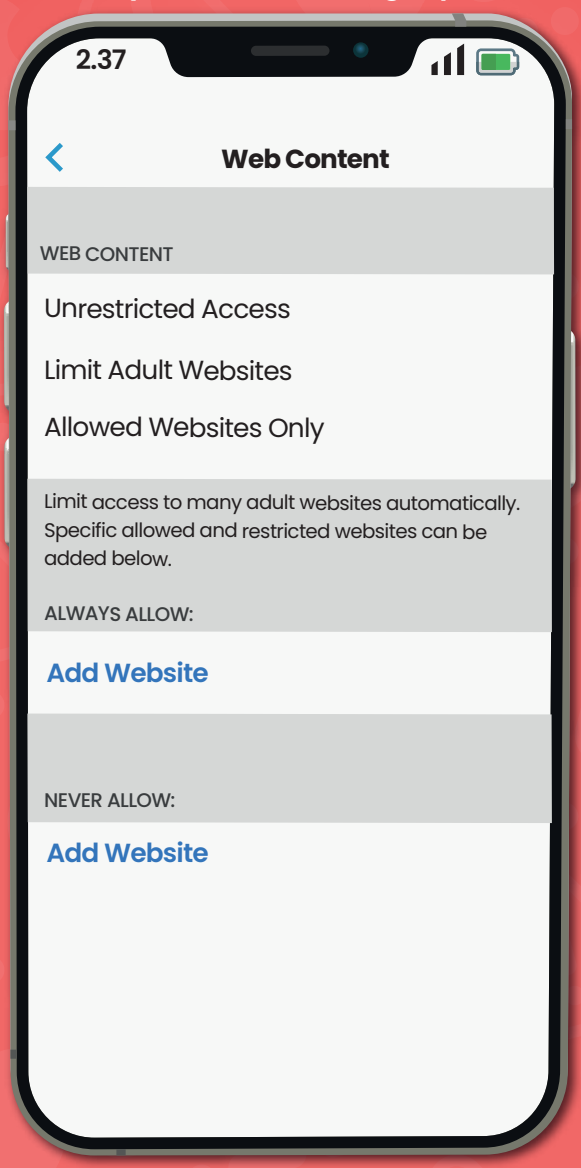
The parental controls on iPhones allow you to block or restrict certain apps, features, content, downloads, or purchases. Setting limitations on content ratings, Siri and web searches enables you to filter out age-inappropriate content and vastly reduce the likelihood of your children being exposed to unsuitable material and information.





Set up content rating restrictions

Content filters keep your child from viewing unsuitable material. They block apps, films and TV shows with specific age ratings, and music and podcasts with explicit content.

1. Open Settings
2. Tap Screen Time
3. Enable Content & Privacy Restrictions
4. Tap Content Restrictions
5. Choose the Settings for each feature you which to restrict

Set up web restrictions

Website content filters restrict age-inappropriate content on Safari. You can also blacklist certain websites or allow access only to approved sites.

1. Open Settings
2. Tap Screen TIme
3. Tap Content & Privacy Restrictions
4. Tap Content Restrictions
4. Tap Web Content
5. Choose between Unrestricted Access, Limit Adult Websites and Allowed Websites Only
7. Choose which websites you wish to allow/block

Set up Siri web search restrictions

You can screen out explicit language to avoid Siri displaying inappropriate results. You could also disable Siri entirely, so your child can't use it to search the web.

1. Open Settings
2. Tap Screen Time
3. Tap Content & Privacy Restrictions
4. Tap Content Restrictions
5. Scroll Down to Siri
6. Choose to block either or both Web Search Content and Explicit Language

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